

# New Adult Nonfiction as of August 13, 2010

Page 1 of 14

Call Number

---

## 000's - GENERALITIES (Including Computer Books)

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Freedman, David H., 1954-*

**Wrong : why experts\* keep failing us--and how to know when not to trust them :** 001 F853w

*Steinberg, Daniel H. (Daniel Howard), 1959-*

**Cocoa programming : a quick-start guide for developers** 005.369 Cocoa

*McFedries, Paul.*

**Teach yourself visually Excel 2010** 005.369 Excel

*Kindred, Dave.*

**Morning miracle : inside the Washington Post : a great newspaper fights for its life** 071.53 K51m

## 100's - PHILOSOPHY & PSYCHOLOGY

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Elgin, Duane.*

**The living universe : where are we? who are we? where are we going?** 128 E41l

*Schulz, Kathryn.*

**Being wrong : adventures in the margin of error** 128 S389b

*McEneaney, Bonnie.*

**Messages : signs, visits, and premonitions from loved ones lost on 9/11** 133.9 M141m

*Lommel, Pim van, 1943-*

**Consciousness beyond life : the science of the near-death experience** 133.901 L845c

*Tompkins, Ptolemy.*

**The divine life of animals : one man's quest to discover whether the souls of animals live on** 133.9013 T662d

*Bloom, Paul, 1963-*

**How pleasure works : the new science of why we like what we like** 152.42 B655h

*Nay, W. Robert.*

**Overcoming anger in your relationship : how to break the cycle of arguments, put-downs,** 152.47 N331o

*Isbell, Christy.*

**Everyday play : fun games to develop the fine motor skills your child needs for school** 155.41235 I76e

**Women reinvented : true stories of empowerment and change** 155.6330922 W872

## 100's - PHILOSOPHY & PSYCHOLOGY

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Altman, Don, 1950-*

**The mindfulness code : keys for overcoming stress, anxiety, fear, and unhappiness** 158 A468m

## 200's - RELIGION

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Robinson, Marilynne.*

**Absence of mind : the dispelling of inwardness from the modern myth of the self** 201.65 R663a

*Phillips, Melanie, 1951-*

**The world turned upside down : the global battle over god, truth, and power** 201.72 P562w

*Syman, Stefanie.*

**The subtle body : the story of yoga in America** 204.360973 S986s

*Tchividjian, Tullian*

**Surprised by grace : God's relentless pursuit of rebels** 224.9206 T251s

*Henderson, Jim, 1947-*

**The outsider interviews : a new generation speaks out on Christianity** 230 H496o

**What is God really like?** 231.4 W555

*Wintz, Jack.*

**Will I see my dog in heaven? : God's saving love for the whole family of creation** 231.7 W794w

*Zagrans, Maura Poston.*

**Miracles every day : the story of one physician's inspiring faith and the healing** 234.131092 Z18m

*Malarkey, Kevin.*

**The boy who came back from heaven : a remarkable account of miracles, angels, and** 236.1 M237b

*Graham, Billy, 1918-*

**Storm warning : whether global recession, terrorist threats, or devastating natural** 236.9 G738s

*Steindl-Rast, David.*

**Deeper than words : living the Apostles' creed** 238.11 S821d

*Zacharias, Ravi K.*

**Has Christianity failed you?** 239.7 Z16h

*Chittister, Joan.*

**Uncommon gratitude : alleluia for all that is** 241.4 C543u

## 200's - RELIGION

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Groeschel, Craig.*

**The Christian atheist : believing in God but living as if he doesn't exist** 248.25 G874c

*Dollar, Taffi L.*

**Authentic : dare to be real** 248.4 D665a

*Hybels, Bill.*

**The power of a whisper : hearing God, having the guts to respond** 248.4 H992p

*Sweet, Leonard I.*

**Jesus manifesto : restoring the supremacy and sovereignty of Jesus Christ** 248.4 S974j

*Schnase, Robert C., 1957-*

**Five practices of fruitful living** 248.487 S357f

*Eldredge, John, 1960-*

**Wild at heart : discovering the secret of a man's soul** 248.842 E37w

*Eldredge, John, 1960-*

**Captivating : unveiling the mystery of a woman's soul** 248.843 E37c

*Ryan, Trish.*

**A maze of grace : a memoir of second chances** 248.8435 R989m

*Anthony, Michelle.*

**Spiritual parenting : an awakening for today's families** 248.845 A628s

*Copeland, Gloria.*

**Live long, finish strong : the divine secret to living healthy, happy, and healed** 248.85 C782l

*Brees, Drew, 1979-*

**Coming back stronger : [unleashing the hidden power of adversity]** 248.86 B832c

*Campolo, Anthony.*

**Connecting like Jesus : practices for healing, preaching, and teaching** 253 C198c

*Nouwen, Henri J. M.*

**Spiritual formation : following the movements of the spirit** 253.5 N934s

*St. Clair, Adelina.*

**The path of a Christian witch** 261.2994092 S136p

*Hagee, John.*

**Can America survive? : 10 prophetic signs that we are the terminal generation** 261.70973 H141c

## 200's - RELIGION

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Kasich, John.*

**Every other Monday : twenty years of life, lunch, faith, and friendship** 277.3082092 K19e

*Wright, Bradley R. Entner.*

**Christians are hate-filled hypocrites-- and other lies you've been told : a sociologist** 277.3086 W947c

*Hahn, Scott.*

**Signs of life : 40 Catholic customs and their Biblical roots** 282 H148s

*Siff, Jason.*

**Unlearning meditation : what to do when the instructions get in the way** 294.34435 S573u

*Scheff, Leonard.*

**The cow in the parking lot : a Zen approach to overcoming anger** 294.3444 S316c

## 300's - SOCIAL SCIENCES

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Joseph, Lawrence E.*

**Aftermath : a guide to preparing for and surviving the Apocalypse 2012** 303.49 J83a

*Wells, Spencer, 1969-*

**Pandora's seed : the unforeseen costs of civilization** 304.2 W456p

*Drummond, Mara Christine.*

**Transitions : a guide to transitioning for transsexuals and their families** 306.768 D795t

*Watson, Bruce, 1953-*

**Freedom summer : the savage summer that made Mississippi burn and made America a** 323.11960730762 W337f

*Moqadam, Afsaneh.*

**Death to the dictator! : a young man casts a vote in Iran's 2009 election and pays a** 324.955061 M826d

*Bremmer, Ian, 1969-*

**The end of the free market : who wins the war between states and corporations?** 330.122 B836e

*Marrs, Jim.*

**The trillion-dollar conspiracy : how the new world order, man-made diseases, and zombie** 330.973 M361t

*Lane, Randall.*

**The zeroes : my misadventures in the decade Wall Street went insane** 330.9730931 L266z

*Wood, Alice (Alice M.)*

**Wealth watchers : a simple program to help you spend less and save more** 332.024 W873w

## 300's - SOCIAL SCIENCES

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Greenberg, Paul.*

**Four fish : the future of the last wild food** 333.956 G798f

*Hofmeister, John.*

**Why we hate the oil companies : straight talk from an energy insider** 338.272820973 H713w

*Novogratz, Jacqueline.*

**The blue sweater : bridging the gap between rich and poor in an interconnected world** 339.46 N945b

*Warner, Ralph E.*

**Everybody's guide to small claims court** 347.7328 W283e

*Krasna, Heather, 1973-*

**Jobs that matter : find a stable, fulfilling career in public service** 351.73023 K89j

**500 places where you can make a difference.** 361.37 F565

*Tuohy, Leigh Anne.*

**In a heartbeat : sharing the power of cheerful giving** 362.734092273 T927i

*Pooley, Eric.*

**The climate war : true believers, power brokers, and the fight to save the earth** 363.73874560973 P822c

*Seidlin, Larry.*

**The killing of Anna Nicole Smith** 364.1523092 S458k

*Eichenwald, Kurt, 1961-*

**The informant : a true story** 364.1680973 E34i

*Lucas, Frank, 1930-*

**Original gangster : the real life story of one of America's most notorious drug lords** 364.177092 L933o

*Richard, Christine S.*

**Confidence game : how a hedge fund manager called Wall Street's bluff** 368.87 R511c

*Kaguri, Twesigye Jackson.*

**The price of stones : building a school for my village** 372.1826945096761 K11p

*Dolin, Eric Jay.*

**Fur, fortune, and empire : the epic history of the fur trade in America** 381.456850973 D664f

*Giroux, Henry A.*

**The mouse that roared : Disney and the end of innocence** 384.80979494 G528m

## 400's - LANGUAGE

To find out location and availability or to place a hold on an item [Search our catalog](#)

**Reading comprehension success in 20 minutes a day.** 428.4 R287

## 500's - SCIENCES

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Miller, Robert, 1943-*

**Bob Miller's Math for the Accuplacer : all the math you need for a higher score** 510.76 M649b

*Gray, Theodore W.*

**The elements : a visual exploration of every known atom in the universe** 546 G782e

*Theberge, John B.*

**The ptarmigan's dilemma : an exploration into how life organizes and supports itself** 576.8 T375p

*Stewart, Amy.*

**Wicked plants : the weed that killed Lincoln's mother & other botanical atrocities** 581.65 S849w

*Lentz, Jacob.*

**The animal review : the genius, mediocrity, and breathtaking stupidity that is nature** 590 L574a

*French, Thomas, 1958-*

**Zoo story : life in the garden of captives** 590.73 F876z

*Kattes, David Hugh, 1952-*

**Insects of Texas : a practical guide** 595.709764 K19i

*Cole, Jim.*

**Blindsided : surviving a grizzly attack and still loving the great bear** 599.784092 C689b

## 600's - TECHNOLOGY (Applied Sciences)

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Mariano, Connie, 1955-*

**The White House doctor : a memoir** 610.92 M333w

*McElheny, Victor K.*

**Drawing the map of life : inside the Human Genome Project** 611.0181663 M141d

*Delavier, Frédéric.*

**Strength training anatomy** 611.73 D343s

*Brizendine, Louann, 1952-*

**The male brain** 612.82 B862m

## 600's - TECHNOLOGY (Applied Sciences)

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Tammet, Daniel, 1979-*

**Embracing the wide sky : a tour across the horizons of the mind** 612.82 T158e

*Lopez, Mario, 1973-*

**Extra lean : the fat-burning plan that changes the way you eat for life** 613.25 L864e

*Keville, Kathi.*

**Aromatherapy : a complete guide to the healing art** 615.3219 K43a

**Healing with vitamins : the best nutrients to slow, stop, and reverse disease** 615.328 H434

*Turner, Natasha (Natasha S.)*

**The hormone diet : a 3-step program to help you lose weight, gain strength, and live** 615.535 T949h

*Quest, Penelope.*

**Reiki for life : the complete guide to reiki practice for levels 1, 2 & 3** 615.851 Q5

*Starling, Randall C., 1951-*

**The Cleveland Clinic guide to heart failure** 616.129 S795c

*Zein, Nizar N., 1963-*

**The Cleveland Clinic guide to liver disorders** 616.36 Z46c

*Reddy, S. Sethu K.*

**The Cleveland Clinic guide to diabetes** 616.462 R313c

*Shapiro, Howard M., 1943-*

**Eat & beat diabetes with picture perfect weight loss : the visual program to prevent** 616.4620654 S529e

*Clough, John D.*

**The Cleveland Clinic guide to arthritis** 616.722 C647c

*Wilke, William S., 1944-*

**The Cleveland Clinic guide to fibromyalgia** 616.74 W681c

*Bonner, Dede.*

**The 10 best questions for living with fibromyalgia : the script you need to take** 616.742 B716t

*Gorman, Sara (Sara G.)*

**Despite lupus : how to live well with a chronic illness** 616.772 G671

*Ilardi, Stephen S., 1963-*

**The depression cure : the 6-step program to beat depression without drugs** 616.8527 I27d

## 600's - TECHNOLOGY (Applied Sciences)

To find out location and availability or to place a hold on an item [Search our catalog](#)

Wyllie, Elaine.

**The Cleveland Clinic guide to epilepsy** 616.853 W983c

Miller, Alice.

**Free from lies : discovering your true needs** 616.85822390651 M647f

Bailey, Eileen.

**The complete idiot's guide to adult ADHD** 616.8589 B154c

Whitaker, Robert.

**Anatomy of an epidemic : magic bullets, psychiatric drugs, and the astonishing rise of** 616.89 W578a

**American Cancer Society complete guide to nutrition for cancer survivors : eating well,** 616.9940654 A512

Sterling, Evelina Weidman, 1970-

**Before your time : the early menopause survival guide** 618.175 S838b

Thacker, Holly.

**The Cleveland Clinic guide to menopause** 618.175 T363c

Heymann, Lois Kam.

**The sound of hope : recognizing, coping with, and treating your child's auditory processing** 618.920978 H618s

Frankel, Felice.

**No small matter : science on the nanoscale** 620.5 F829n

Barger, Ralph

**Let's ride : Sonny Barger's guide to motorcycling** 629.28475 B251l

**The vegetable gardener's book of building projects : raised beds, cold frames, compost** 635 V422

Markham, Brett L.

**Mini farming : self sufficiency on a 1/4 acre** 635.048 M345m

Friedman, Kinky.

**Kinky's celebrity pet files** 636.0887 F911k

Fraser, Evan D. G.

**Empires of food : feast, famine, and the rise and fall of civilizations** 641.309 F841e

Bracken, Peg.

**The I hate to cook book** 641.5 B797i

## 600's - TECHNOLOGY (Applied Sciences)

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Nishimura, Mayumi, 1956-*

**Mayumi's kitchen : macrobiotic cooking for body and soul** 641.563 N724m

*Weinstein, Bruce, 1960-*

**Real food has curves : how to get off processed food, lose weight, and love what** 641.563 W424r

*Bayless, Rick.*

**Fiesta at Rick's : fabulous food for great times with friends** 641.5972 B358f

*Mendelsohn, Spike.*

**The Good Stuff cookbook** 641.5973 M537g

*Micallef, Michael.*

**Reata : legendary Texas cuisine** 641.59764 M619r

*Lampe, Ray.*

**Ribs, chops, steaks, & wings : irresistible recipes for the grill, stovetop, and oven** 641.66 Lampe

*Yosses, Bill.*

**The perfect finish : special desserts for every occasion** 641.86 Y65p

*Yates, Jen.*

**Cake wrecks : when professional cakes go hilariously wrong** 641.86539 Y32c

*Filian, Cathie, 1970-*

**101 snappy fashions : oodles of one-piece designs for babies** 646.406 F482o

*LaFlesh, Teri, 1969-*

**Curly like me : how to grow your hair healthy, long, and strong** 646.724 L164c

*Gunther, Randi.*

**Relationship saboteurs : overcoming the ten behaviors that undermine love** 646.77 G977r

*Hodgkinson, Tom.*

**The idle parent : why laid-back parents raise happier and healthier kids** 649.1 H689i

*Purdy, Jessica.*

**Conscious kids : a family's guide to the greater good : ideas and activities to inspire** 649.1 P985c

*Ford, Gina.*

**The contented baby with toddler book** 649.122 F699c

*Arnell, Peter.*

**Shift : how to reinvent your business, your career, and your personal brand** 650.1 A748s

## 600's - TECHNOLOGY (Applied Sciences)

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Martin, Chuck, 1949-*

**Work your strengths : a scientific process to identify your skills and match them to the** 650.1 M379w

*Lundin, Stephen C., 1941-*

**Ubuntu! : an inspiring story about an African tradition of teamwork and collaboration** 658.1022 L962u

*Meister, Jeanne C.*

**The 2020 workplace : how innovative companies attract, develop, and keep** 658.301 M515t

*Hsieh, Tony.*

**Delivering happiness : a path to profits, passion, and purpose** 658.409 H873d

*Fertik, Michael.*

**Wild west 2.0 : how to protect and restore your online reputation on the untamed social** 659.202854678 F411w

## 700's - ARTS

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Maziarz, Mary Beth.*

**Kick-ass creativity : an energy makeover for artists, explorers, and creative professionals** 700.19 M476k

*Hino, Matsuri.*

**Vampire knight. Vol. 10** 741.5952 H663v

*Hoshino, Katsura.*

**D.Gray-Man. Vol. 12, Fight to the debt** 741.5952 H825d

*Mochizuki, Jun.*

**Pandora hearts** 741.5952 M688p

*Sakurakoji, Kanoko.*

**Black bird. Vol. 1** 741.5952 S158b

*Kirkman, Robert.*

**The walking dead Book one: a continuing story of survival horror** 741.5973 K59w

*Vaughan, Brian K.*

**Ex machina : dirty tricks** 741.5973 V364e

*Sonheim, Carla.*

**Drawing lab for mixed-media artists : 52 creative exercises to make drawing fun** 745.5 S698d

*House, Cherri.*

**City quilts : 12 dramatic projects inspired by urban views** 746.46041 H842c

## 700's - ARTS

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Edin, Rose.*

**Color harmonies : paint watercolors filled with light** 751.422 E23c

*Sheffield, Rob.*

**Talking to girls about Duran Duran : one young man's quest for true love and a cooler** 781.64092 S542t

*Sellers, Robert.*

**Hollywood hellraisers : the wild lives and fast times of Marlon Brando, Dennis Hopper,** 791.430280922 S467h

*Spelling, Tori, 1973-*

**Uncharted terrITORI** 791.45028 S743u

**Come to win : business leaders, artists, doctors, and other visionaries on how sports** 796 C732

*Wooden, John, 1910-2010.*

**The greatest coach ever : timeless wisdom and insights of John Wooden.** 796.323092 W886g

*May-Treanor, Misty.*

**Misty : digging deep in volleyball and life** 796.325092 M474m

*McEnroe, Patrick.*

**Hardcourt confidential : tales from twenty years in the pro tennis trenches** 796.342 M141h

*Blanchard, Kenneth H.*

**The mulligan : a parable of second chances** 796.352 B639m

*Lusetich, Robert.*

**Unplayable : an inside account of Tiger's most tumultuous season** 796.352092 L968u

*Ackmann, Martha.*

**Curveball : the remarkable story of Toni Stone the first woman to play professional** 796.357092 A182c

*Bowley, Graham.*

**No way down : life and death on K2** 796.522095491 B787n

*Tabor, James M.*

**Blind descent : the quest to discover the deepest place on earth** 796.525 T114b

## 800's - LITERATURE

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Bee, Samantha.*

**I know I am, but what are you?** 814.6 B414i

## 900's - GEOGRAPHY & HISTORY

To find out location and availability or to place a hold on an item [Search our catalog](#)

- Frommer's England with Wales.** 914.204 F932e
- Miller, George Oxford, 1943-*  
**Lone Star travel guide to Texas parks & campgrounds** 917.6406864 M648l
- Snow, Richard F.*  
**A measureless peril : America in the fight for the Atlantic, the longest battle of World War** 940.54293 S674m
- Tupper, Benjamin, 1969-*  
**Greetings from Afghanistan, send more ammo : dispatches from Taliban country** 958.1047 T928g
- Schweikart, Larry.*  
**Seven events that made America, America : and proved that the founding fathers were** 973 S413s
- Valby, Karen.*  
**Welcome to Utopia : notes from a small town** 976.4432 V139w

## 92's - BIOGRAPHIES

To find out location and availability or to place a hold on an item [Search our catalog](#)

- Arngrim, Alison.*  
**Confessions of a prairie bitch : how I survived Nellie Olesen and learned to love being hated** 92 Arngrim
- Baker, Elna.*  
**The New York regional Mormon singles Halloween Dance** 92 Baker
- Bean, Carl, vocalist.*  
**I was born this way : a gay man's journey through Gospel music, disco stardom, and a** 92 Bean
- Benatar, Pat.*  
**Between a heart and a rock place** 92 Benatar
- Metaxas, Eric.*  
**Bonhoeffer : pastor, martyr, prophet, spy : a righteous gentile vs. the Third Reich** 92 Bonhoeffer
- Spurling, Hilary.*  
**Pearl Buck in China : journey to The Good Earth** 92 Buck
- Schmidt, Randy (Randy L.)*  
**Little girl blue : the life of Karen Carpenter** 92 Carpenter
- Clark, Francesco, 1978-*  
**Walking papers : the accident that changed my life, and the business that got me back on** 92 Clark

## 92's - BIOGRAPHIES

To find out location and availability or to place a hold on an item [Search our catalog](#)

*Clegg, Bill.*

**Portrait of an addict as a young man : a memoir** 92 Clegg

*Stephenson, Paul.*

**Constantine : Roman emperor, Christian victor** 92 Constantine

*Gordon, Lyndall.*

**Lives like loaded guns : Emily Dickinson and her family's feuds** 92 Dickinson

*Griffin, Maggie, 1920-*

**Tip it! : the world according to Maggie** 92 Griffin

*Hauerwas, Stanley, 1940-*

**Hannah's child : a theologian's memoir** 92 Hauerwas

*Peters, Charles, 1926-*

**Lyndon B. Johnson / The 36th President, 1963-1969** 92 Johnson

*Salewicz, Chris.*

**Bob Marley : the untold story** 92 Marley

*Munn, Olivia, 1980-*

**Suck it, Wonder Woman! : the misadventures of a Hollywood geek** 92 Munn

*Gessen, Masha.*

**Perfect rigor : a genius and the mathematical breakthrough of the century** 92 Perelman

*Petersen, Barry (Barry Rex), 1949-*

**Jan's story : love lost to the long goodbye of Alzheimer's** 92 Petersen

*Meeder, Kim.*

**Blind hope : an unwanted dog and the woman she rescued** 92 Sacher

*Felix, Antonia.*

**Sonia Sotomayor : the true American dream** 92 Sotomayor

*Ferguson, Niall.*

**High financier : the lives and time of Siegmund Warburg** 92 Warburg

*Wilkinson, Kendra.*

**Sliding into home : a memoir** 92 Wilkinson

*Sullivan, Mary Lou.*

**Raisin' Cain : the wild and raucous story of Johnny Winter** 92 Winter

## **OTHER MATERIAL**

*To find out location and availability or to place a hold on an item [Search our catalog](#)*

*Roth, Henry.*

**An American type : a novel**

FICTION Roth

*To find out location and availability or to place a hold on an item [Search our catalog](#)*