

30 DAYS OF ACTIVITIES WITH YOUR PRESCHOOLER

<p>READ</p> <p>Read a word-less picture book together.</p>	<p>WRITE</p> <p>Practice tracing letters in sand or flour.</p>	<p>SING</p> <p>Sing your ABC's.</p>	<p>TALK</p> <p>Go on a nature walk and talk about what you see.</p>	<p>PLAY</p> <p>Play Hide & Seek with people or toys.</p>	<p>ART</p> <p>Cut shapes or figures out of paper and paste them on another page.</p>
<p>READ</p> <p>Read a recipe or poem together.</p>	<p>WRITE</p> <p>Write a shopping or grocery list together.</p>	<p> SING</p> <p>Sing a conversation together, "What should we eat for dinner?"</p>	<p>TALK</p> <p>Create a Storytelling Bag – Collect items and use them to tell a story.</p>	<p>PLAY</p> <p>Play I Spy together. "I spy with my little eye something beginning with _____?"</p>	<p>ART</p> <p>Use cotton balls to dip in paint or water with food coloring and then dab on paper.</p>
<p>READ</p> <p>Read 3 signs from around your neighborhood.</p>	<p>WRITE</p> <p>Write your name outside using chalk.</p>	<p>SING</p> <p>Sing a nursery rhyme together.</p>	<p>TALK</p> <p>Play the Favorites Game. Take turns asking, "What's your favorite _____?"</p>	<p>PLAY</p> <p>Play with tongs, tweezers, or a clothespin and practice picking up small objects.</p>	<p>ART</p> <p>Find leaves and twigs and glue them to paper.</p>
<p>READ</p> <p>Read the days of the week on a calendar.</p>	<p>WRITE</p> <p>Write a note to a loved one together.</p>	<p>SING</p> <p>Sing about what you see around you.</p>	<p>TALK</p> <p>Look at a painting or photograph and discuss your observations.</p>	<p>PLAY</p> <p>Play 3-step games. Create a sequence of 3 things to do (put the book on your head – turn around – walk back to me).</p>	<p>ART</p> <p>Paint with water on a fence or sidewalk.</p>
<p>READ</p> <p>Read the color names of 5 crayons.</p>	<p>WRITE</p> <p>Write a list of places that you want to go together.</p>	<p>SING</p> <p>Sing your favorite song together.</p>	<p>TALK</p> <p>Ask each other, "What if _____?" ex. What if elephants were tiny and hamsters were giant?</p>	<p>PLAY</p> <p>Play a pretend game (walk across the room while pretending to be a specific animal).</p>	<p>ART</p> <p>Find leaves and place them under paper. Then color on top to reveal the print of the leaf.</p>