

IDENTIFYING FEELINGS

BOARD BOOKS & PICTURE BOOKS

- **When Sophie Gets Angry ... Really, Really Angry** by Molly Bang
- **Happy Hippo, Angry Duck: A Book of Moods** by Sandra Boynton
- **The Way I Feel** by Janan Cain
- **Theo's Mood** by Maryann Cocca-Leffler
- **Today I feel Silly & Other Moods That Make My Day** by Jamie Lee Curtis
- **When Sadness is At Your Door** by Eva Eland
- **Glad Monster, Sad Monster: a Book About Feelings** by Ed Emberley
- **Feelings** by Sarah Jennings
- **How Does Baby Feel?** by Karen Katz
- **The Color Monster: A Story About Emotions** by Anna Llenas
- **Making Faces: A First Book of Emotions** by Molly Magnuson
- **The Feelings Book** by Todd Parr
- **The Quiet Book** by Deborah Underwood
- **In My Heart: a Book of Feelings** by Jo Witek

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NON-FICTION

- **Feelings** by Alik
- **My Mixed Emotions** by DK
- **The Great Big Book of Feelings** by Mary Hoffman (also in Spanish)
- **Brave** by Sarah Medina
- **Caring** by Sarah Medina
- **Happy** by Sarah Medina
- **Proud** by Sarah Medina
- **Sad** by Sarah Medina
- **Shy** by Sarah Medina
- **The Feelings Book: The Care and Keeping of Your Emotions** by Lynda Madison (For 8+)
- **Sad** by Isabel Thomas
- **Anger** by Isabel Thomas
- **Caring** by Isabel Thomas
- **Happy** by Isabel Thomas
- **Jealous** by Isabel Thomas
- **Proud** by Isabel Thomas
- **Shy** by Isabel Thomas
- **Worried** by Isabel Thomas
- **Emotions kit** – RIA 114
- **Emotion Jr. Kit** – RIA 160