**Non-Fiction BOOKS**

- Going through puberty : a girl’s manual for body, mind & health by Ruth J. Hickman
- Going through puberty : a boy’s manual for body, mind & health by Ruth J. Hickman
- The "what’s happening to my body?" book for boys by Lynda Madaras
- The "what’s happening to my body?" : book for girls by Lynda Madaras
- The body book for boys by Jonathan Mar
- Puberty Girl by Shushann Movsessian.
- The care & keeping of you 2 : the body book for older girls by Cara Familian Natterson
- ¿Qué pasa en mi cuerpo? : el libro para muchachas by Lynda Madaras

**CHAPTER BOOKS**

- Are You There God, It’s Me Margaret by Judy Blume
- Sophie Hartley and the facts of life by Stephanie Greene
- The Amazing Life of Birds : the twenty-day puberty journal of Duane Homer Leech by Gary Paulsen
- The Moon Within by Aida Salazar
- The Downside of Being Up by Alan Lawrence Sitomer