

PUBERTY

NON-FICTION BOOKS

- **Going through puberty : a girl's manual for body, mind & health** by Ruth J. Hickman
- **Going through puberty : a boy's manual for body, mind & health** by Ruth J. Hickman
- **The "what's happening to my body?" book for boys** by Lynda Madaras
- **The "what's happening to my body?" : book for girls** by Lynda Madaras
- **The body book for boys** by Jonathan Mar
- **Puberty Girl** by Shushann Movsessian.
- **The care & keeping of you 2 : the body book for older girls** by Cara Familian Natterson
- **¿Qué pasa en mi cuerpo? : el libro para muchachas** by Lynda Madaras

CHAPTER BOOKS

- **Are You There God, It's Me Margaret** by Judy Blume
- **Sophie Hartley and the facts of life** by Stephanie Greene
- **The Amazing Life of Birds : the twenty-day puberty journal of Duane Homer Leech** by Gary Paulsen
- **The Moon Within** by Aida Salazar
- **The Downside of Being Up** by Alan Lawrence Sitomer